Principal’s Message

Significant events in the past week
It has certainly been a hectic couple of weeks. The annual swimming carnival was held at Parramatta Pool on Friday February 13, a High Achievers’ Assembly for the 2014 Year 12 HSC class was celebrated in front of guests, parents, teachers and students, a Meet the Teacher Evening was held for parents of new students and Year 7 went to Tea Gardens for the annual camp run by Aussie Bush Camps. A photo display, below, illustrates just how effective these events were in cementing relationships, valuing achievement and continuing the wonderful spirit at Castle Hill High School.

Meet the Teachers Evening
Swimming Carnival
Mrs Anna Girginis and Rouzbeh Mohtasham Ansari First In State for Persian
Year 7 Camp
So many teachers worked tirelessly to ensure these important events were seamless, celebratory and successful. Congratulations to all involved.

**Head Teacher Resilience**

I wrote last year of an initiative we are very excited about: the appointment of a Head Teacher Resilience. Ms Helen Preketes has been successful in taking on this innovation. She is wanting to develop a program to “build character” through initiatives which focus students on caring for themselves and others, giving to others, tackling ethical and social justice issues, amongst other things. Based on research, in particular the work of Martin Seligman who is celebrated for his work on positive psychology, the resilience program will be underpinned by values associated with relationships, gratitude, meaning and purpose, mindfulness and social justice.

Still in the formative stages, there is a lot of interest from parents who either want to contribute to the program or see it unfold as one that can make a difference to the wellbeing of our community. We will keep you informed as the program develops, with a launch very soon.

**Fees**

Each year we ask our community to contribute to the learning and teaching of students in the school. We are wanting the very best for students, investing heavily in programs that improve literacy, numeracy and well-being, for example. We have spent hundreds of thousands on refurbishments for students such as the new outdoor area and library furniture. Your fees are vital to the running of these programs and projects, and to their sustainability.

Above is a table that may be of interest to you. Can I thank those parents who have written to me to request a deferment of fees in 2015 or to recommend a solution for part-payment.

<table>
<thead>
<tr>
<th>Year</th>
<th>Percentage of fees paid in 2014 – either all fees or compulsory only</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 7</td>
<td>93%</td>
</tr>
<tr>
<td>Year 8</td>
<td>81%</td>
</tr>
<tr>
<td>Year 9</td>
<td>78%</td>
</tr>
<tr>
<td>Year 10</td>
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<tr>
<td>Year 11</td>
<td>72%</td>
</tr>
<tr>
<td>Year 12</td>
<td>Data not available due to archival difficulties</td>
</tr>
</tbody>
</table>

I appreciate this very much. I would encourage everyone to consult with me should they be unable to pay fees. All matters are confidential, so please be assured that your personal circumstance is respectfully treated.

In the meantime, invoices have been sent for fees for 2015. It would be appreciated if this matter could be attended to as soon as possible.

**Clubs galore**

I’m pleased to announce that the Film Club and Diversity Club are up and running again in 2015, this time with even more energy and impetus. We’re looking forward to some terrific things from participating students under the tutelage of Mr Benton and Ms Olivera.

As well, Mr Wade is starting an Aviation Club, of all things. As an ex pilot and someone who has a deep interest in all things aviation, he is keen to find other enthusiasts in the student body who want to explore this area. I’m sure this will spark a great deal of interests in students.

**MERCY**

I have asked students to think deeply about the issue facing two Australian men, Andrew Chan and Myuran Sukumaran, condemned to die by state execution in Indonesia. It is a test of one’s values and ethics to grapple with the purpose of such an act.

The school’s prefects have embraced the concept of “We Stand for Mercy”, hence the sign at the front of the school. I thank them for this contribution.

No matter people’s personal views, there would be few, if any, who would not want some consideration for mercy for these young men. Indonesia asks for mercy for its people, so it is right that we do. After all, mercy and forgiveness are signs of a strong, civil, decent society.

Shakespeare says it best in Portia’s famous “The quality of mercy is not strained” speech from *The Merchant of Venice*. Portia says that mercy “is mightiest in the mightiest”, it “blesses him that gives and him that takes”. It is time for the mighty Indonesia to be mighty in its heart.

Vicki Brewer
Castle Hill High School
Parent & Community

Castle Hill High School is lucky to have an active and supportive Parent & Community Committee. Each year the P &C is responsible for some of the operations of the school, and fundraising programs that support the students and their learning environment.

Regular meetings are held on the third Wednesday of the month, usually two per term. Announcements of upcoming meetings are placed in the Drawbridge Newsletter, and on the readerboard at the front of the school. All parents are welcome, and many find the meetings to be informative and - yes - even fun! New members are always welcome at any time of the year.

Committees of the P &C include Canteen, Uniform shop, Relay for Life, Trivia Night, Building Fund and the EMR/ Wi Fi subcommittees.

The P &C Canteen and Uniform shop at the school are both supported by rosters of volunteers and run specifically to ensure profits from these ventures are returned to the school and the students who use the facilities.

Last year the Canteen initiated a kitchen garden program which now sees much of the fresh vegetables used in lunchtime foods grown onsite and meals prepared in the Canteen kitchen, fresh on the same day they are sold.

The Uniform shop committee worked hard in 2014 to have a new winter jacket designed specifically for our school. Working directly with a designer and the supplier the P &C representatives were able to create a jacket that the students will want to wear, taking into consideration input from members of the student body.

Other activities the P & C are involved in are Relay for Life and the annual P &C Trivia Night Fundraising event.

Relay for Life is the annual fundraising 24 hour relay held by the Cancer Council in May. Each year the school enters a team of student volunteers, and the P & C recruits parent volunteers to staff shifts — especially through the night — ensuring there are approved adults onsite between 10PM and 8AM.

The Annual P & C Trivia Night is always a fun, and sometimes surprising night. Held each year in Term 3, the evening is organised by a subcommittee of the P &C and raises funds to assist with refurbishment projects and specialised teaching programs throughout the school. Last year the Trivia Night raised $6,000 which will be used in 2015 to assist with ongoing renovations of the Hall.

A relatively new committee for the P & C is the EMR/ Wi Fi committee. This committee was founded to assist with education, monitoring and public relations related to the amount of Electromagnetic Radiation exposure. In operation less than two years, this committee ran a large scale campaign to raise public awareness about a mobile phone tower mounted atop the Castle Hill RSL roof, including local politicians and a grassroots movement including many thousand signatures on a petition to stop the tower. Most recently they brought in speakers of international renown for an information night for the parents and community members that was well attended by in excess of 100 people.

To become involved in any of the P&C activities, please email chhspc@gmail.com, or attend the next P &C meeting on 18 March 2015 at 7:30 in the Common Room in Block A.
The Castle Hill High School Parent & Community Building Fund was set up specifically to finance refurbishment projects for the school.

Tax deductible donations can be made to the Building Fund via your annual student fees or as one-off payments.

In 2014 the Building Fund committee oversaw the phenomenal refurbishment of the 40+ year old toilets and backstage dressing rooms in the school Hall. As the Hall is used not only by the school but by the community as well, the refurbishment was a much needed and refreshing update. This project was made possible through donations to the building fund that matched a grant won by the Building Fund Committee.

In 2015 the Building Committee will be taking on the refurbishment of the foyer to the Hall. From the beautiful style employed in the previous renovations, it is with great anticipation we look forward to the work in the Foyer commencing.

In addition to tax deductible contributions, the Building Committee also welcomes volunteers. This committee will oversee all the building works for the Foyer renovations, so what an exciting opportunity to help with the improvement of our children’s school.

For more information regarding the Building Committee please email chhspc@gmail.com, or come along to our next meeting on 18 March 2015 at 7:30 in the Common Room in Block A.

A letter of thanks...

From a students perspective, I would like to say a huge thank you for all of the effort put in to improving the facilities in our hall. As somebody who participated in the musical, I cannot thank you enough for the improvements to the backstage dressing rooms. Not only do they appear beautiful, but the addition of new mirrors and vanities were very useful to the performers and made our backstage experience much easier and more enjoyable.

Thank you!

Demi McFarlane

The original Ladies’ toilets, left, and the refurbished Ladies’ toilets, right. The P&C is grateful for donations that have in part contributed to this work.
What’s Happening in the Canteen?

Our fabulous canteen garden is absolutely thriving in the late summer conditions. **Time for a working bee!**

Bunnings has kindly donated large planting boxes and seedlings to add to our amazing kitchen garden. All we need is a little help to bring everything together (and the odd wheel barrow!). So, on Sunday March 1, come along from 8am for an hour or so and ‘get your hands dirty’ – and be rewarded with a cold drink and a sausage sizzle!

**CHANGES TO THE CANTEEN ORDERING SYSTEM!!**

Our wonderful canteen foods have really gained in popularity recently. (Little wonder considering much of the produce we use in salads and sandwiches come fresh from our garden!)

Lunch order numbers are also increasing which is wonderful but also very time consuming especially when a large number of orders arrive right up until the end of recess. Our terrific volunteers sometimes really struggle to complete them before lunch… and have a well-earned cup of tea!

It has been decided that, because we now have the Flexischools on-line ordering system (see below for details), across the counter ordering will only be accepted BEFORE school (up to 9:30) The start date for this change is Monday March 2.

Put simply, from Monday March 2 canteen lunch orders can only be made in person before school or over the internet through ‘Flexischools’. There will still be plenty of food for sale across the counter at both recess and lunch time.

Forgotten lunches or emergency lunches can still be organized by phoning the canteen on 96341188 or by the student going to the front office and requesting a ‘lunch request/ I’ll pay tomorrow’ form.

Joanna Sutherland
Canteen Manager

The Canteen crew are a fun and enthusiastic bunch and are always looking for new faces. If you are interested in lending a hand just give the canteen a call on 9634 1188.
Castle Hill High School  
P & C News Stand  
...where Parents and Community  
stay informed

Canteen Garden Working Bee

We need your help...
With the help of Bunnings, Castle Hill the canteen - run by the P&C committee - will be expanding our garden. The produce we grow is used in our homemade tabbouleh, bolognaise sauce, salads and wraps, to name a few.

Our expansion will include a couple of large planter containers which Bunnings will donate and fill with vegetables & herbs of our choice. However, we do need to fill these containers with compost. The P&C committee has arranged for one tonne of compost to be delivered, but this will need to be transported from the delivery point to the canteen garden at the back of the school.

As you can imagine this would be a huge job for one person so we would like to organize a working bee on Sun 1st March from 8am onwards and no later than 11am. We need to transport the soil, do some weeding, clear another raised bed and generally give the garden some much needed TLC.

Mums, Dads, children all welcome and sausage sizzle & drinks will be provided. If you are able to attend please let Jo Sutherland know at chhspc.canteen@gmail.com or call canteen on 9634 1188.

Please bring your own wheelbarrow, spades & gloves

Sunday 1st March from 8am – 11am at the canteen

EASY, ONLINE REGISTRATION
- Go to www.flexischools.com.au
- Click REGISTER
- Enter your email address
- You will be emailed a link to an online form – follow the link
- Choose a username and password and enter your details in the rest of the form
- Click ADD A STUDENT
- Enter Castle Hill High School in the school search box (NB: Pick carefully as Castle Hill Public School is also registered)
- Add Student name and select their school year (NB: You also have an option at this point to allow your child to have their own access to flexischools so they can order their own lunch and you add a daily spending limit here also)

TO ADD FUNDS
- Click MY ACCOUNT tab at the top of the page
- Select TOPUP MY ACCOUNT
- Select funding source and follow directions (NB: You can also set up automatic top ups once balance falls below certain limit)
The Ponds School

The Ponds School caters for students with moderate to severe intellectual disabilities, students on the autism spectrum, students with physical disabilities and sensory impairments. Some Year 12 students have already had the privilege of visiting the school last year and will be returning to visit the school again at its new site. The experience of visiting the school was amazing, we were able to interact with students in the playground and watch lessons take place in the classrooms. Each class has up to seven students with one teacher and an SLSO (school learning support officer), there is a huge range of specialised equipment that allows students with different disabilities to learn. The new grounds for The Ponds School are purpose built for the needs of students, however there is still a lot of equipment and facilities that we could help fund to improve their school experience and their education.

As a year group Year 12 2015 have decided to raise money for a small local school for children with Disabilities called The Ponds school. The Year 12 committee will be working throughout the year to raise money for this School. The Ponds School enrols students from Kindergarten to Year Twelve; it was formerly housed in the grounds of Riverstone High School but at the start of this year was relocated to their purpose built school in the Ponds. As the school is new they currently have 97 children aged from kindergarten to year six.

There will be various fundraising activities happening throughout the year to support this cause. Any help, donations or fundraising support will go a long way. Year 12 would greatly appreciate your support and generosity to assist the students of The Ponds School to reach their full potential.

Felicity Donaldson Year 12
As I am new to the CHHS Library in 2015, I would like to introduce myself. I am passionate about getting students into books, whether it be the latest novel, a great manga series or an information book. I am keen to add to the collection in the Library. I have my own ideas of what we need, but would love to hear your ideas, so put them in the new Suggestions Book, located on the library front desk.

We have a beautiful refurbishment in the library. A fresh new look with bright colours and comfortable furniture. Please look after this wonderful space.

There are new opening hours in the library:
- Open 8.15am every day (except Thursday week B)
- Open 9.30am Thursday week B
- Closed at recess
- Open every lunch

The library team, including Ms. Marriott and Mrs. Hemmings, expect that students will use this time to quietly do homework, research on the computers, play chess, or read a book. Personal devices should be used for school work only, sorry no games. We do have some of the school computers available for Cool Maths Games.

Mrs. Kate Mathews

I am keen to help students find great information and to help them use it in creative and ethical ways. Come and ask me when you have a new assignment and I should be able to point you in the right direction. If you are having trouble with your bibliography, I can help with that too. Please come into the Library and introduce yourself to me. Let me know what you like to read, your favourite author or genre. I want the library to be a friendly and inviting recreational and productive space.
Parenting Ideas Insights

Building parent-school partnerships

Words Michael Grose

The stress of teen success

Adolescence is an age of freedom; an age when taking responsibility is for someone else; an age of live for today and let the future take care of itself. Right? Well, not really.

A recent Australian study shows that today's young people have one eye firmly on the future, yet they're not confident of their chances of future success.

A Mission Australia survey released in late 2014 showed that young people now take their future very seriously. The survey of 13,600 young people's aspirations found that 87% of respondents ranked career success as their number one priority, followed by being financially independent (86%), owning a home (73%), having a family (68%) and feeling a part of their community (49%).

The flip side of these high aspirations is that around 40% of these respondents didn't feel they could achieve career success or own their own home.

Girls were less confident of future success than boys. But that's not a new finding. Similar research that this writer has been involved with over a number of years reveals that girls put far more pressure on themselves to succeed than boys. While girls rated school and career success as more important than did boys, nearly 50% of girls worried that they wouldn't get into their choice of tertiary studies compared to 30% of boys who had the same concerns.

Tellingly, these young people identified their parents, rather than teachers as being the major source of external pressure for them to succeed.

There is no doubt that the gap between young people's aspirations and their achievability appears to be a major source of stress for young people. The world of work that today's young people are preparing to enter is full of uncertainty. Youth unemployment rates are increasing, potential higher costs of tertiary education and a lack of affordable housing means that young people are less confident of achieving their goals than those of past generations.

The need for resilience

The young people in the Mission Australia survey identified coping with stress (42%) as their number one concern, higher than worries about body image (30%) and family conflict (20%).

While teens must learn how to cope better with these immediate pressures, the need to develop resilience as well as relationships skills is compelling, as it is these that will help them succeed in the competitive and changing environments they are about to enter.

The ability to persist when success doesn't come easily; the propensity to learn from rather than take failings personally; and a willingness to take the right rather than the easy options are the types of resilience traits that parents and teachers should be developing in young people on a daily basis.

Keep mental health on the agenda

Equally important for young people's future success is paying attention to their wellbeing. “How's your mental health?” is a question that parents should be asking young people on a regular basis. While on one level this question may receive a shrug of young shoulders; on a deeper level turning your young person into his or her own emotional wellbeing is an immensely savvy thing to do.

For many parents mental health awareness is a new frontier.

more on page 2


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careeringideas.com.au
Help young people maintain good mental health:

1. Make sure they get plenty of sleep – 8/9 hours for teens.
2. Encourage exercise – a minimum of 60 minutes of movement a day.
3. Minimise time alone particularly between school and dinner.
4. Encourage creative outlets.
5. Help them to relax - mindfulness or meditation may help.
6. Foster volunteering and helpfulness.
7. Bring fun and playfulness into their lives.

However, I suspect parents of past generations intuitively knew a great deal about mental health when they insisted that kids ‘go outside and play’, that everyone in the family ‘should eat together’, or that young people in their house should turn their bedroom ‘tight out at a decent time’. Keeping young people’s wellbeing front and centre is about helping them keep a balance in their lives.

Don’t put all their eggs in one success basket

One conversation that you may wish to strike up with young people is “What does success look like?” Try to broaden the definition away from the narrow base of academic, sporting or even financial success.

There are two points worth making. First, there are many ways that a young person can be successful. For instance, the development of real spirit of generosity is as much a measure of success as the ability to perform well in a test.

Second, remind young people that focusing on a narrow definition of success (i.e. in an academic, sporting or artistic sense) can come at a cost to other areas of life such as relationships, happiness and health.

This survey is like the canary in the coal mine. It’s a warning that the world young people are entering is challenging and changing, and that now more than ever, they need a balanced approach from parents and teachers if they are going to thrive rather than survive now, and in the future.

Get my ebook – Unwinding: that has 10 relaxation ideas to help kids and young people reduce anxiety and maintain good mental health at parentingideasclub.com.au. It’s FREE.

## CALENDAR

### Term 1

#### Week 5A

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>Monday 23 February</td>
<td>Year 6 Open Day</td>
</tr>
<tr>
<td>Tuesday 24 February</td>
<td>Zone Swimming</td>
</tr>
<tr>
<td>Wednesday 25 February</td>
<td>Year 6 Open Day and Parent Information Evening</td>
</tr>
<tr>
<td></td>
<td>Zone Swimming</td>
</tr>
<tr>
<td>Wednesday 25 February</td>
<td>Assembly Years 7-12 - 10.20am</td>
</tr>
<tr>
<td>Thursday 26 February</td>
<td>Year 9 Scripture Seminar</td>
</tr>
<tr>
<td></td>
<td>Year 11 Legal Studies Excursion Law Courts</td>
</tr>
<tr>
<td>Friday 27 February</td>
<td>Year 12 English Excursion</td>
</tr>
<tr>
<td></td>
<td>Clean Up Schools Day</td>
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### Week 6B

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Monday 2 March</td>
<td>Year 7 Music Incursion</td>
</tr>
<tr>
<td></td>
<td>Year 9 PASS Bronze Medallion Swimming</td>
</tr>
<tr>
<td>Tuesday 3 March</td>
<td>Year 9 PASS Bronze Medallion Swimming</td>
</tr>
<tr>
<td></td>
<td>Year 12 Parent Teacher Meeting 4-7pm</td>
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<tr>
<td></td>
<td>Year 9 Commerce Excursion - McDonalds</td>
</tr>
<tr>
<td>Wednesday 4 March</td>
<td>Assembly Years 7, 9 &amp; 10 – Gym</td>
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<tr>
<td></td>
<td>Year 8 Year Meeting</td>
</tr>
<tr>
<td>Thursday 5 March</td>
<td>Year 8 Scripture Seminar</td>
</tr>
<tr>
<td></td>
<td>Year 12 English Advanced Excursion</td>
</tr>
<tr>
<td></td>
<td>Year 9 PASS Bronze Medallion Swimming</td>
</tr>
<tr>
<td>Friday 6 March</td>
<td>Peer Support Session – Sess 4</td>
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### Week 7A

<table>
<thead>
<tr>
<th>Date</th>
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<tbody>
<tr>
<td>Monday 9 March</td>
<td>Diversity Week</td>
</tr>
<tr>
<td></td>
<td>Girls Knockout Waterpolo 7am Glenbrook Pool</td>
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<tr>
<td></td>
<td>Year 9 PASS Bronze Medallion Swimming</td>
</tr>
<tr>
<td>Tuesday 10 March</td>
<td>Diversity Week</td>
</tr>
<tr>
<td></td>
<td>Year 9 PASS Bronze Medallion Swimming</td>
</tr>
<tr>
<td>Wednesday 11 March</td>
<td>Assembly Years 7-12 - 10.20am</td>
</tr>
<tr>
<td>Thursday 12 March</td>
<td>Diversity Week</td>
</tr>
<tr>
<td></td>
<td>Selective High School Placement Test</td>
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<tr>
<td>Friday 13 March</td>
<td>Diversity Week</td>
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### 2015 Term Dates for Students

<table>
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<th>Term</th>
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<tr>
<td>Term 1</td>
<td>28.1.2015 – 2.4.2015</td>
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<tr>
<td>Term 3</td>
<td>14.7.2015 – 18.9.2015</td>
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<tr>
<td>Term 4</td>
<td>6.10.2015 – 18.12.2015</td>
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CASTLE HILL COMMUNITY NEWS
AND ADVERTISING

Disclaimer: Advertisements placed in the school’s Fortnightly Newsletter do not reflect an endorsement or otherwise by Castle Hill High School of that product or service.

17 Mulheron Ave Baulkham Hills 2153
For discount prices see
www.brennandrivingschool.net.au

Get ready to celebrate a classic
Mother’s Day

The annual Women in Super Mother’s Day Classic is Australia’s biggest breast cancer research fundraising event. Every Mother’s Day for the past 17 years, Australians have walked or run to fund research and honour those who have been diagnosed with breast cancer.

At the 2014 Mother’s Day Classic more than 135,000 participants in 97 locations around the nation raised $4.5 million, bringing the overall total raised to $24.3 million.

To find an event near you and to register yourself or a community or corporate team, please visit www.mothersdayclassic.com.au

Next year’s event is being held on Sunday 10 May 2015, and is open to all ages and fitness levels so there is something for everyone whether you want to participate or simply come along and support.

More than a quarter of a million Australians have participated in past Mother’s Day Classic events, and you can too by registering at www.mothersdayclassic.com.au.
Addressing Angry Teens in the Family

A FREE PARENT FORUM

This free forum is being provided by professional services to better equip parents in addressing and dealing with anger issues in their home and to assist parents to resolve conflict in the family dynamics.

Topics include:
- A Healthy Relationship with your Teenager
- Warning signs and legal ramifications
- Positive strategies to resolve issues

Where: Castle Grand Community Centre
Pioneer Room 2
Car Castle & Pennant Streets, Castle Hill

When: Tuesday, 24 March 2015
6.30pm-9.00pm

FREE Admission and Refreshments / FREE access to Professional Advice

For bookings and further information contact:
Carol on 0408 705 848 or Donna on 0416 062 626
Email — hillsparentforum@gmail.com

Program Schedule

The Challenge of Disciplining Your Children
This is a three-hour interactive seminar on constructive techniques for parents when disciplining and encouraging their children.

Date: Monday, 2 March / Tuesday, 16 June 2015
Time: 6.00pm – 9.00pm
Cost: $25 (Concession $15)

Ideas for Parenting Teens
This is a three-hour interactive seminar on how to effectively communicate and set boundaries with your teenager.

Date: Monday, 16 March / Tuesday, 23 June 2015
Time: 6.00pm – 9.00pm
Cost: $25 (Concession $15)

Positive Parenting
This is a three-hour interactive seminar on positive communication and parenting techniques. Parents will learn to help their children grow and develop to the best of their abilities.

Date: Monday, 23 March 2015
Time: 6.00pm – 9.00pm
Cost: $25 (Concession $15)

Relating as Stepfamilies
This three-session program assists couples to manage the demands of life as a stepfamily.

Date: Tuesdays, 28 April, 5 May, 12 May 2015
Time: 6.30pm – 8.30pm
Cost: Please enquire

Becoming Parents
This five-session program explores expectations of parenthood and helps new parents understand the challenges and changes involved in turning the partnership into a family.

Date: Tuesdays, 19 May, 24 May, 2 June, 9 June 2015
Time: 6.30pm – 8.30pm
Cost: Please enquire

Bookings essential - Phone 8882 7850
Interrelate, Suite 423, 14 Lexington Drive, Bella Vista NSW

B N N E
Beauty ‘N’ Body Excel

School students facial special
try the 45 minute treatment for acne to help with teenage skin
normally $40, but for castle hill students it’s $35 for the first term of 2015

amiiee
0402 297 684
www.beautynbodyexcel.com.au
Parents Again is a social support group for Grandparents, Aunts, Uncles and other care givers who provide permanent care to Grandchildren, nieces or nephews. Our group meets on the first and third Tuesday of the month at Cafés, clubs and Hills Community Aid and is a great way to meet people in similar circumstances who can understand and share your experiences in a friendly, relaxed and non-judgmental environment.

On the 3 March we will be meeting at Hills Community Aid Rouse Hill, Civic Lane Rouse Hill (next door to Westpac), our guest speaker is Senior Constable Robert Patterson from Castle Hill Police to inform us of internet and social media security for youth.

If you would like further information or to attend please ring Hills Community Aid Rouse Hill on 96296038 or email micib@hca.org.au to book a place.

Mici Beer
Program Coordinator
Families & Children, Youth, Seniors, Learning In The Hills

The Hills Community Aid and Information Service Inc.
390 Windsor Road, BAULKHAM HILLS NSW 2153
02 9639 6820 Office hours 9.30am – 3.00pm
0438 328 776 Fax: 02 9686 3100

Learning In The Hills
Balcombe Heights Estate Turner Building 4 & 5
92 Seven Hills Road, BAULKHAM HILLS NSW 2153
02 9639 7918 Office hours 9.30am – 12:30pm, Tuesday to Thursday
0438 328 776 Fax: 02 9639 8046

千里中文学校
We invite you to join our weekend Chinese class at Baulkham Hills. As a DET guided and supported community language school, CLLA hosts language focused teaching, learning activities.

Our main class is on Saturday afternoon between 2 - 4pm while additional classes to be scheduled for Saturday mornings and Sundays. We are also organizing family groups to enable parents/grandparents and children to learn and have fun together.

Our Contact: Ms. Sun cllaau9@gmail.com; 0403816959;

Self-learning content offered by us can be found at www.eatmandarin.net

千里中文学校

Rosy Ruby is your new online Women’s fashion store. Offering a vast selection of styles that we LOVE.

Our aim is to offer beautiful, stylish and affordable women's clothing that truly compliment the modern women of today. We lead busy, hectic lives and want to look great. If you want to buy amazing women's clothing online, that is of the highest quality, then browse our collection now. You can be certain to find that one piece your wardrobe is missing. Visit www.rosyruby.com today!!
PARKING RESTRICTIONS

For more information please contact
The Hills Shire Council on 9843 0145
PARKING UNSAFELY PUTS CHILDREN'S LIVES AT RISK!

Please obey all the parking signs around your school!

Parking illegally, even for a short time, is dangerous to children at your school. You can be fined up to $415 and lose up to 4 demerit points. If you park illegally around your school.

The Hills Shire Council
Telephone: (02) 9843 0555
www.thehills.nsw.gov.au

PARKING ILLEGALLY PUTS CHILDREN'S LIVES AT RISK!

Did you know that it is illegal to park:
• On or near the school crossing
• In the school bus bay

Please obey all the parking signs around the school - they help keep children safe!

The Hills Shire Council
Telephone: (02) 9843 0555
www.thehills.nsw.gov.au

What do the parking signs around my school mean?

No Parking means No Parking

You can stop in a No Parking zone for a maximum of 2 mins to drop off or pick up passengers. You must stay within 3 metres of your vehicle. You cannot leave your car!

The penalty for parking in a NO Parking zone is $147 and 2 demerit points.

The Hills Shire Council | Ph: 9843 0555 | www.thehills.nsw.gov.au

PARKING AROUND MY SCHOOL

• Observe all parking signs around the school - they are planned with children's safety in mind.
• Park safely & legally even if it means walking further to the school gate
• NEVER double park - it puts children at risk by:
  Blocking vision of other drivers
  Forcing children onto the road
  Obstructing traffic flow

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PARKING

PARK SAFELY & LEGALLY EVEN IF IT MEANS WALKING A LITTLE FURTHER TO THE SCHOOL GATE

Meet your children on the school side of the road, preferably at the school gate.

NEVER call your children across the road to meet you

Be a good role model for your children - when crossing the road use a pedestrian crossing or traffic signals when possible.

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Making an Illegal U Turn in a school zone can result in a $353 fine and 4 demerit points. Council's Compliance Officers will be enforcing parking restrictions at your school!
There are now increased penalties and demerit points associated with all offences in School Zones.

<table>
<thead>
<tr>
<th>Offence</th>
<th>Penalty from</th>
<th>Demerit Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Parking</td>
<td>$173</td>
<td>2</td>
</tr>
<tr>
<td>No Stopping</td>
<td>$311</td>
<td>2</td>
</tr>
<tr>
<td>Bus Zone</td>
<td>$311</td>
<td>2</td>
</tr>
<tr>
<td>Double parking</td>
<td>$311</td>
<td>2</td>
</tr>
<tr>
<td>Stop on path or nature strip</td>
<td>$173</td>
<td>2</td>
</tr>
<tr>
<td>Stop on / near marked pedestrian children's crossing</td>
<td>$415</td>
<td>2</td>
</tr>
<tr>
<td>Approach children's crossing too quickly to stop safely</td>
<td>$519</td>
<td>4</td>
</tr>
<tr>
<td>Illegal U turns</td>
<td>$415</td>
<td>4</td>
</tr>
<tr>
<td>Stop across driveway</td>
<td>$173</td>
<td>2</td>
</tr>
<tr>
<td>Drive using a hand held mobile phone</td>
<td>$415</td>
<td>4</td>
</tr>
<tr>
<td>Parallel park close to (within 3 metres) double centre line</td>
<td>$242</td>
<td></td>
</tr>
</tbody>
</table>

Fines current as of July 2014.


Parking Rules & Penalties Fact Sheet

FOOTPATHS

You must not STOP your vehicle on the footpath or nature strip at any time.

Stopping includes when the vehicle is not moving but the engine is still running.

**SCHOOL ZONE**

Penalty from $173 and 2 demerit points.
**Parking Rules & Penalties Fact Sheet**

**DRIVEWAYS**

**You must not park your car over or block access to a driveway.**
You can stop in a driveway to drop off or pick up passengers BUT only for less than 2 minutes AND the driver must stay with the car.

**SCHOOL ZONE**
Penalty from $173 and 2 demerit points

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**BUS ZONES**

**You must not stop your vehicle in a Bus Zone unless you are driving a public bus.**
Stopping includes when the vehicle is not moving but the engine is still running.

**SCHOOL ZONE**
Penalty from $311 and 2 demerit points

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**NO PARKING**

**You can stop only to drop off or pick up passengers or goods**
and you must not stop for more than 2 minutes
and The driver must stay within 3 metres of your vehicle
Stopping includes when the vehicle is not moving but the engine is still running

**SCHOOL ZONE**
Penalty from $173 and 2 demerit points

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**NO STOPPING**

**You must not STOP at any time**
Stopping includes when the vehicle is not moving but the engine is still running

**SCHOOL ZONE**
Penalty from $311 and 2 demerit points