Principal’s Message

Refurbishments Continue
Last year, our very active P and C successfully applied for a community grant to renovate the toilets and change rooms in the auditorium. The work commenced at the beginning of the year and is nearing completion as I write. The toilets look stunning and will be a welcome enhancement for the many users of the Hall.

Fifty year old toilets and hand basins have their limitations, so it’s fair to say that this refurbishment has pleased everyone. Renovations will be completed, ready for the musical which commences on June 11.

Thank you once again to the P and C who have coordinated this undertaking and have done so with great professionalism and care.

STOP PRESS
Galston High School Fire
Our condolences go the staff, students and families of Galston High School who lost their library complex with all of the school's archives, their server and countless resources and books.

The school has been bravely resilient, determined to bounce back, continue their hard work and maintain order despite this stressful time.

Our SRC will be making a donation to the Galston High School library fund and our teachers will organise a nice morning tea for their teachers.
Increasing Numbers
We have been talking about significant and ongoing increases in the student population for the last five years as the following table illustrates:

<table>
<thead>
<tr>
<th>Year</th>
<th>Student Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>2009</td>
<td>1200</td>
</tr>
<tr>
<td>2010</td>
<td>1253</td>
</tr>
<tr>
<td>2011</td>
<td>1265</td>
</tr>
<tr>
<td>2012</td>
<td>1343</td>
</tr>
<tr>
<td>2013</td>
<td>1367</td>
</tr>
<tr>
<td>2014</td>
<td>1403</td>
</tr>
</tbody>
</table>

I have always said that bigger is not necessarily better – but so many people are applying to enrol and, increasingly, more in-area students from Year 6 are wanting to take up a position at Castle Hill High School. With 600 applications for Year 7 in 2015, we have a massive task in making decisions for the future of this school. There are, for example, out of area applications from students who have siblings at this school, as well, applicants who, since kindergarten, have attended local primary schools and see themselves with their friends as very much a Castle Hill High School student, despite being designated for another local high school.

It will be challenging for us to determine who will not be enrolled. As always though, we will try very hard to consider each individual case, seeking to balance the needs of individuals against the needs of current students and staff, the school’s resources and its capacity to grow.

More executive staff
As a result of increasing student numbers, the school will be in a position to appoint a third deputy principal in 2015. Currently, I am having conversations with the school’s executive staff, teachers and P and C as to whether we apply for a third deputy principal or whether, under Local Schools, Local Decisions, we vary the mix by employing a head teacher and a teacher instead of a deputy principal. Whatever the decision, we will have in mind the following: what will advantage students in improving their learning and what will assist teachers to learn more about their teaching?

Fees for 2014
Finally, we have been able to invoice you with fees and contributions for 2014. As you know we have a new system (known as Learning Management Business Reform) which has been problematic, so please accept my apologies for the lateness of these invoices.

Your attention to the payment of course fees and other contributions is important in giving us the necessary cash flow to continue with our programs to improve student facilities. This year we want to extend covered areas to provide shade and increase outdoor seating for students. Early estimates suggest that $100,000 will be required for this undertaking. Your fees will be necessary for this project to be completed so can I thank you in anticipation of your early payment.

“Energy” drinks
Some time ago I wrote about the dangers of “energy” drinks (products like Mother, Red Bull and the like) which I prefer to refer to as “hyperactivity drinks.” I would like to remind parents that such drinks are banned from Castle Hill High School and as such will be confiscated from students if teachers see them.

I believe this is in the best interest of students’ health and well-being, both in the short and long term.

Despite the somewhat glamorous advertising and sponsorship associated with these products - at sporting events, for example – it will be families and schools that have to pick up the pieces when students become agitated or edgy (at best) or phased and disoriented in other cases, after consumption of these products.

I’d be happy to discuss this matter with parents should they wish.

Beauty and the Beast
This year’s musical “Beauty and the Beast” is in full flight with rehearsals taking on a more insistent tone as we approach opening night on Wednesday June 11. As usual, all the cast and crew are looking forward to their performances – and so are we.

Congratulations
Congratulations go to Caillin Allison who has been selected to participate in a student exchange program to Japan from September 2014 through to January 2015. Caillin is very much looking forward to the cultural experiences and the opportunity to improve her Japanese.

Also, congratulations go to Yi Heng Wang who has been selected to represent NSW in the upcoming 2014 Australian Men’s Gymnastics Championships. This is a tremendous achievement that has required many months of vigorous training and preparation.

Vicki Brewer
P&C Building Fund Appeal May 2014

We need your help!

Thanks to the P&C securing a government grant of $30,000 last year, we are funding the much-needed renovation of the school Auditorium bathrooms and dressing rooms. However, the $30,000 grant was subject to the P&C matching this grant dollar for dollar. And we desperately need school families to help finish the works.

Donations (over $2.00) to the Building Fund are tax deductible. Making your donation by 30th June this year will allow you to claim the deduction in the forthcoming income tax year end.

Donations will also allow us to plan for our next building improvement project. As you would know the school auditorium is an important creative space which hosts among other events, the annual musical and information evenings. The auditorium is also a source of income for the school in that it is hired out to a number of local community groups. We propose a much needed upgrade to the audio/visual equipment, acoustics and seating.

Donations can be made via cheque, cash or credit card payment through the school at Room 1. Direct deposit is also available.

Direct Deposit details:

Account Name: CASTLE HILL HIGH SCHOOL P&C ASSOC BUILDING FUND

Westpac Castle Towers Branch
BSB: 032 173 Account No: 483270

Please ensure your name is included in your bank reference section and email confirmation to P&C Treasurer at: chhspc@gmail.com.

Please donate to our Building Fund so that we can work with the school to provide the best possible learning environment for our children.
FRENCH STUDY TOUR

It seemed hard to believe, but we were on our way. The dossiers had been prepared, the home stay families organised, the tickets and connections confirmed and the lengthy submissions had been approved by the Education Department. What had been a long-planned dream was now a reality as twenty students, accompanied by Mrs Wood, Ms Windrim and Mr Wright set off on the first leg of our three week journey to France.

In glorious sunshine, passing chic boutiques and designer fashion stores, we strolled along the “grands boulevards” and then past the “bouquinistes” on the River Seine to the Latin Quarter, the Sorbonne and the Jardins du Luxembourg. The students quickly became used to travelling by metro, walking many kilometres and climbing hundreds of steps each day visiting interesting sites. A highlight for many was our day-trip to the beautiful palace and grounds of Versailles, where some students hired boats for a row on the lake while others hired bikes on which to discover the surrounds. After a picnic by the lake we strolled to the Petit Trianon (the home built for Madame de Pompadour, the mistress of Louis XV) then walked to the beautiful hamlet of Queen Marie Antoinette. We then inspected the impressive palace where the students marveled at the splendor of the royal apartments and the magnificent hall of mirrors.

During the next seven magical days after our arrival in Paris, we explored all the major attractions including Sacre Coeur, Sainte Chapelle, the Centre Pompidou and the eerie underground ossuary at the Catacombes. We climbed the Arc de Triomphe, the Eiffel Tower and the towers of Notre Dame. We marveled at the “oeuvres d’arts” at the Louvre and Musee d’Orsay and watched painters at work in the Place du Tertre in Montmartre.
The second leg of our trip took us to our sister-school, the Centre International at Valbonne, a technology high school, about 30 minutes from Nice in the south of France. Students enjoyed a welcome party, attended school at CIV, did day-trips to the celebrity town of Cannes, the town of Grasse, centre of the perfume industry and the perched village of Biot where we watched master glassmakers at work. We loved decorating and making chocolate Easter bunnies on our visit to a “chocolaterie” and participating in an Amazing Race style “Jeu de Piste” in Antibes.

We were also taken by CIV coach to the principality of Monaco via the Corniche, the long, winding road which snakes along the scenic Riviera. Firm friendships were formed with host families and students had the opportunity to hone their language skills while living in home-stay. The trip was really memorable with wonderful contacts and true friendships made. Henrietta Amevor, Emma Berthon, Mary-Louise Brazenell, Jasper Chick, Taylah-Rae Darnell, Felicity Donaldson, Shameema Duncan, Adele Fattoretto, Ethan Gardiner, Jodie Gillett, Hannah Inshaw, Komaldeep Kaur, Emma McNaughton, Sohaib Mohammed, Mitchell Perl, Rowan Simpson, Hannah Spinks, Dunja Tatic, Nicholas Wardle and William Werner have all returned enlightened, informed, educated, independent and ready to continue their study of French after such a wonderful stay in France.

**NSW PS Millennium Marching Band**

**ANZAC Day 2014**

MMB completed two very wet rounds of the 2014 ANZAC Day march playing, *I am Australian* and the war medley from the MMB 2013 schools spectacular item which included *It's a long way to Tipperary, Pack up your troubles in your old kit bag and Wish me luck as you wave me goodbye*. This year the ABC commentators announced that the MMB was their favourite band in the march. Preparations for the band’s major tour to the USA (Los Angeles, San Francisco and Seattle) in September, 2015 are underway. The MMB will welcome instrumentalists (e.g. trombone, tuba/sousaphone, flute, trumpet, clarinet, sax, euphonium, drummers/percussion) and colourguard (anyone who likes to dance/move) for 2014 and the 2015 tour.

Join Year 9 students, Lachlan Anderson, David Clark and Angus Bevan with Cameron Anderson (now ex Castle Hill High School) to represent CHHS as part of the MMB for fantastic music and performance opportunities. Google - Millennium Marching Band Apply 2014.
Quicksmart

At the beginning of this term the Mathematics department at Castle Hill High School, in conjunction with the University of New England, started QUICKSMART! This is a Mathematics Intervention program designed by UNE to assist and accelerate student learning based on the latest research on neural pathway modification.

A small group of Year 7 students have been carefully selected using an ACER designed test applied to all students in the Year 7 group. These students have been identified as students who would benefit from additional intensive instruction in a small group setting.

Over the next 30 weeks, the students will be withdrawn from routine Mathematics classes and taught by specially trained teachers. This instruction program will be carefully monitored to ensure the development of the students involved. Tests to measure improvement will be conducted by computer and the results will be analysed by the University of New England.

This is an expensive but exciting program that has the potential to make a real difference to the development of the students involved.
Castle Hill High School
Musical
Beauty and the Beast

Wednesday 11 June 7.30pm
Friday 13 June 7.30pm
Saturday 14 June 7.30pm

Ticket are now available at Room 1
Adults $18.00
Family Ticket (2 adults & 2 children) $50.00
Student/ Seniors Concession $10.00

GALSTON HIGH SCHOOL LIBRARY RE-BUILDING FUND

On behalf of Galston High School, the Dural Chamber of Commerce has set up The Galston High School Library Re-Building Fund.

This account has been setup to receive donations from Businesses and the Community for the purposes of assisting in the rebuilding of The Galston High School library, which was lost to a fire on Monday 19th of May 2014. To contribute to this most important project please direct deposit your contributions to:

NAB Dural

BSB: 082240

A/C: 848027761

We appreciate all contributions, as they allow Galston High School to take full advantage of this important time with a view to the school getting back to normality as soon as possible.
Canteen News

The Castle Hill High School Canteen prides itself in providing good, tasty nutritious food for everyone. We are constantly reviewing, adding to and in some cases deleting items, so all needs are met. (All ideas and suggestions are most welcome!). Did you know we have an extensive range of gluten free and snack items available? We can make gluten free toasted sandwiches, our Tuesday special, (Fried Rice) uses only gluten free ingredients and we stock a range of gluten free pies. “Delites” and Vege chips are also gluten free and are available for sale at any time.

We are also happy to announce that we now stock Halal products. Interested students and staff can order halal certified pies and/or sausage rolls. No one needs to miss out with our canteen!

Lastly, yes its back!! The Big Breakfast Thursday is under way!! The delicious smell of bacon and egg rolls will fill the school on Thursday mornings between 8.15am and 9.30am. Don’t miss out!!

Joanna Sutherland
Canteen Coordinator

Are you a volunteer in the canteen?
Are you interested in workings of the canteen?
Do you want to have a say in the food choices for the menu?

Just quickly to introduce myself. My name is Ingrid Waite and I am on the Castle Hill High School P & C Executive and I have been asked to be the Canteen Representative.

The canteen has evolved quite dramatically over the last five years and in order to keep new ideas flowing and improving our services, I think it is necessary to form a Canteen Sub-Committee. All this means is that a group of interested Parents/Grandparents/Carers meet at least once a term to discuss new ideas for the Canteen. There are no office bearing roles and no “outside” work or responsibilities involved, just a regular meeting where we can “brainstorm” new ideas.

At the moment the ideas we are wishing to develop are:

- Online canteen ordering
- Starting a vegetable garden
- Healthy recipes to cook in our new oven

So, if you are interested in coming along to these meetings, please leave you details with Joanna Sutherland at the canteen on 9634 1188, or email me at ing.waite@gmail.com

I will then contact everyone and we will try to set a regular time each month or term that is suitable for all.

Thanks.

Ingrid Waite

Salvation Army Red Shield Youth Project Assembly

Raise your hand if you think that 50,000 people or less sleep homeless every night in Australia. Now put your hand up if you think the number is between 50,000 and 100,000. Last Thursday we learnt that approximately 105,000 people are homeless every night in Australia. 42% of these people are under the age of 25. Look around this gym right now, filled with people. Imagine 22 of these gyms. That is how many people sleep homeless every night, and they are just the under 25’s!

Last Thursday, ten Year 11 students – Samantha Carey, Sabrina Chng, Rose Haddadi, Taylor Hatfield, Divan Laubscher, Emilee Nilsson, Patrick O'Reilly, Annabelle Roux, Taylor Stokes and Hannah Venhuizen went with the Year 11 Year Advisor Mr Williams to the Salvation Army’s Freedom Centre at Penrith along with five other schools. We discussed and completed activities which taught us about the social justice issues such as equity and diversity that exist every day, in the areas of homelessness, refugee issues, poverty, abuse and addiction.

We heard from guest speakers and learnt about their personal stories. We heard from a Salvation Army employee who was homeless by the time she was 16 and soon after found out that she was pregnant. We heard from another Salvation Army employee who was 13 by the time he had developed a drug addiction. Through these people we learnt how the Salvation Army helps people in need and how much of an impact the Red Shield door knock appeal contributes to the money needed to help those in need. We were shown how the Salvation Army helped turn their lives around.

This is why we are all going to participate in the doorknock appeal on May 24 and 25, next weekend, and we would love for all of you to join us! If you’re interested in having a fun day out and raising money to stop an issue plaguing Australia, get some friends together and visit the Salvation Army website to register. We hope to see you all there!

Hannah Venhuizen
UNIFORM SHOP NEWS

Now Available

Tights –
Black 70 denier Sizes Mids and Talls $10.00

Anniversary Polo Fleece Scarves $10.00

Sleeveless Wool Blend Pullovers
Sizes 16, 18 & 20 only $40.00

Boys Long Sleeve Shirts
Sizes 34 – 40 $45.00

Girls Long Sleeve Shirts
Sizes 6G, 8G, 12G $45.00

OPENING HOURS TERM 2

Weeks 2-9

Monday and Friday 8.15am to 11.30am
## Calendar

### Term 2

#### Week 5A
- **Monday 26 May**
- **Tuesday 27 May**
- **Wednesday 28 May**
  - Assembly Years 7-12
- **Thursday 29 May**
  - Year 7 Scripture Seminar
- **Friday 30 May**
  - Year 7 Vaccinations
  - Year 9 Boys Vaccinations

#### Week 6B
- **Monday 2 June**
- **Tuesday 3 June**
  - Musical Bump Out
  - Sydney West Dance Festival Rehearsal 12 noon
- **Wednesday 4 June**
  - Musical Bump in—hall pm
  - ICAS—Science Competition
  - NSW University Careers Visit
  - Assembly Years 7-10
  - Sydney West Dance Festival Performance—all day
  - Penrith Panthers
- **Thursday 5 June**
  - Musical Bump in—all day
  - Year 9 PASS Coaching Course
  - Sydney West Dance Festival Performance

#### Week 7A
- **Monday 9 June**
  - Public Holiday
- **Tuesday 10 June**
  - Year 11 VET Construction Work Placement
  - Year 11 VET Hospitality Work Placement
  - Year 9 into Year 10 Subject Information Week
  - Musical Rehearsal— all day
  - Hills Zone Athletics Carnival
- **Wednesday 11 June**
  - Year 11 VET Construction Work Placement
  - Year 11 VET Hospitality Work Placement
  - Year 9 into Year 10 Subject Information Week
  - Musical Matinee—Sessions 1-5
  - Regional Cross Country Carnival
  - Open Boys AFL Gala Day—Blacktown International Sports Park
  - Celebration Assembly Years 7-12
  - Musical Opening Night 7.30pm
- **Thursday 12 June**
  - Year 11 VET Construction Work Placement
  - Year 11 VET Hospitality Work Placement
  - Year 9 into Year 10 Subject Information Week
  - UTS Careers Visit
  - Year 9 PASS Coaching Course
  - Musical Matinee Sessions 1-5
- **Friday 13 June**
  - Musical 7.30pm
- **Saturday 14 June**
  - Musical 7.30pm
CASTLE HILL COMMUNITY NEWS
AND ADVERTISING

Disclaimer: Advertisements placed in the school’s Fortnightly Newsletter do not reflect an endorsement or otherwise by Castle Hill High School of that product or service.

BRENNAN DRIVING SCHOOL
CLASS C
LIC. 006937
0418 465 932

17 Mulheron Ave Baulkham Hills 2153
For discount prices see
www.brennandrivingschool.net.au

Dannielle Miller
One of Australia’s foremost educators, authors and media commentators on teenagers

What this seminar covers
- How to support your daughter to resolve conflict
- Cyber world
- Communication essentials
- How to know if your child is being bullied and what to do about it

Thursday 12 June
7pm-8.30pm
CASTLE HILL LIBRARY
$20.00pp. Bookings essential online from 12 May

Were you once a Sherwood Ridge Student?

As part of Sherwood Ridge’s history you may have some photos reminding us of some great moments you had at Sherwood Ridge, especially those of the early years.
We are putting together a photo display on the History of Sherwood Ridge as part of our 10th Anniversary Celebrations.
If you or any one you know has photos which could add to our photo display, please email them to
Susan Newcombe
sherwood-p.school@det.nsw.edu.au
We will then keep these early memories stored as part of our history.
You never know, your photo may be used for our 100th anniversary
MURRAY FARM PS CRACKER CARNIVAL 2014
Free Entry, Fireworks and Fun Family Entertainment
Saturday 31st May 2014

Come and join us at Murray Farm’s annual Cracker Carnival where you are sure to find something for all the family. There will be carnival rides and slides for all ages, jumping castles, games, prizes, cake stall, tombola, gift baskets, and white elephant stalls. As well as face painting, sand art and temporary spray on tattoos. Enjoy sensational meals at our international food stall as well as burgers and sausages from the BBQ. The Murray Farm Cracker Carnival has become a well known tradition within the community, it’s a fun place for the whole family to enjoy offering everyone a memorable experience. Entry is free but a gold coin donation at the gate will be kindly accepted.

Gates Open 2pm
Firework Display 7pm
Carnival Closes 8pm

$30 unlimited ride armband, $5 per ride or $20 for 5 rides.
Murray Farm Public School, Tracey Ave, Carlingford.
www.facebook.com/crackercarnival

Carlingford Cyclones
Touch Football Association

Touch Competition Starting Sunday 20th July 2014
Carlingford Cyclones Touch Football will be holding a women’s, men’s, girls and boys touch football competition that will run for 8 weeks.
Depending on expressions of interest we may also run a mixed competition.
- Fields: Loreto Normanhurst, Cnr Pennant Hills Rd and Osborn Rd, Normanhurst.
- Time: Sunday Mornings Between 8.00am – 12.00pm
- Start Date of Competition 20th July 2014
- Cost: $50.00 per player for registration/insurance
- Team: minimum of 10 players per team.

For expressions of interest please contact either
Tracey Elliott: 0412 086 364
Lisa Walker: 0408 665 395
Or Email cyclones@touchheads.com.au

Carlingford Cyclone Touch Football Association is affiliated with NSW Touch Football. This gives all players the opportunity to trial for a representative side.
**GEN D** TOMORROW’S SAFER DRIVER

Gen D – Tomorrow’s Safer Driver supports parents of young people by providing valuable information to help them understand their learner driver and the challenges today’s young people face on-road.

Worldwide, road trauma is the highest cause of death and injury amongst young people aged 15 to 29. Each year in NSW, over 100 young people die in road crashes and a further 5,000 are injured.

Commencing with a presentation on adolescent brain development, managing risk taking in youth and communicating with young people, the session will look at the parent/child relationship in a learn-to-drive context. Topics included:

- Adolescent brain development
- Why young people take risks
- Communicating with young people
- The in-car relationship
- How to teach safe driving behaviours
- Further support and resources

The program takes a fresh new approach to address the key road safety issues confronting young people, while being strongly grounded in current research and best practice methodology.

Date: Wednesday 4th June 2014  
Time: 6:30 - 8:30pm  
Location: Castle Hill RSL  
77 Castle St, Castle Hill NSW 2154

To book into Gen D – Tomorrow’s Safer Driver session for parents please email imman Chakik from MTC Australia on ichakik@mtcaustralia.com.au

This session is developed to support Stage 5 of the NSW PDHPE curriculum.
Interrelate Bella Vista

Term 2 Events & Programs

Making Stepfamilies Work – 3 hour seminar (for couples)
$50 / $30 concession (per couple) – 3 June 6 – 9pm
A 3 hour seminar that will assist couples in the process of forming a stepfamily or those already living in a stepfamily to:
- Encourage an awareness of the need to forge new ways of being in a stepfamily
- Develop strategies for coping with difficult stepfamily dynamics and relationships
- Accept each individual's current and prior situations no matter how complex or difficult these are

Being A Mum
$25 / $15 concession – 26 June 10am – 1pm
A 3 hour seminar that will assist mothers to:
- Understand themselves as a Mum
- Really connect with their children
- Understand children at different ages
- Learn positive ways to discipline children and communicate more effectively

The Challenge of Disciplining your Child
$25 / $15 concession – 24 June 6 – 9pm
A 3 hour seminar that will assist parents of children aged 2 – 12 years old to:
- Understand what positive discipline means and how to set clear boundaries that children respect and learn to appreciate
- Use conflict as a tool to improve relationships
- Use tips and hints on different discipline techniques

Ideas for Parenting Teens
$25 / $15 concession – 17 June 6 – 9 pm
A 3 hour seminar that will assist parents to:
- Understand what is normal adolescent behaviour
- Reduce the anxiety inherent in raising teenage children
- Develop skills to communicate and negotiate with teenagers

Phone 8882 7850
Bookings essential

www.interrelate.org.au
1300 736 966