Special points of interest:

- School Captains
- P & C News
- Japan Tour

Congratulations captains 2015

Congratulations go to Demi McFarlane and Stephen Hall, school captains for 2015, who were inducted with other student leaders just recently. Their all-round excellence, leadership skills, team building capacity and energy will serve them, and the school, well as they embark on a year of significant study and service.
Thank you BYOD team
In 2015, the school will move to a Bring Your Own Device (BYOD) platform. A small team of teachers and parents, led by Mr Lloyd Das, has been working on policy and procedures for the implementation of BYOD. It will mean that all students, at any point in time next year, can utilise their own specified computerised device for learning at school.
A parent forum will be held on Tuesday November 18 for parents in Year 7 – 9. A specific invitation will be forwarded shortly nominating times on this date, over two sessions in the auditorium, to accommodate an expected large turnout. It will be at this forum that detailed information regarding computer specifications, policy regulations and a question/answer session will be given. The committee has prepared a wealth of information for parents that is comprehensive and easily digestible. Parents on the committee, Ms Trinity Quinn and Ms Elizabeth Madders have been invaluable with their insights and contributions. Can I thank them for their work.

Year 6 – 7 orientation interviews have commenced
Annually, we conduct orientation interviews for all Year 6 students enrolled at Castle Hill High School for the following year and their parents, two liaison team members (current Year 7 and 8 students) and a teacher. It’s an opportunity for parents and incoming students to hear about and tour the school in a relaxed, personalised setting and as well as a chance for our visitors to see our school as it operates ordinarily on a daily basis. We aim to demystify the high school setting, while establishing expectations, at the same time as forging important connections with our community.

Examinations continue
While HSC examinations are nearing an end, Year 9 have just completed their yearly examinations prior to Year 10 who commence exams in the week starting Monday, November 3. Year 11 of course have commenced their HSC courses and are well and truly in the middle of assessments tasks. The work for HSC study is relentless and no doubt these first four weeks of their course will remind Year 11 that the pace and rigour are demanding. We wish them well with their work.
Vicki Brewer
Children’s Health & Wellbeing in the 21st Century

P & C Sponsored Information Session
10 November 5:00 PM

The P&C is pleased to announce an information session titled Children’s Health & Wellbeing in the 21st Century to be held at the school on Monday 10th November at 5–7 pm.

This session will address the potential health risks arising from exposure to mobile and wireless electromagnetic radiation that is part and parcel of everyday life for most Australian children – at homes and at schools.

There is some credible scientific evidence of harm although scientists still don’t understand exactly how adverse reactions to this form of radiation happen in great detail. There is clearly a need to be aware of the facts, as Truth is Strength for us. Then we can take the necessary precautions as it may take years for our authorities to bring about system change introducing warnings.

We have been fortunate to secure excellent speakers very knowledgeable on the issue who have presented at very high level international health forums.

For more information about the information session, please see the invitation printed in this edition of The Drawbridge.

Our invited speakers will be profiled in the next Drawbridge edition.

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**Dates to Remember**

<table>
<thead>
<tr>
<th>Event</th>
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<tr>
<td>Children’s Health &amp; Wellbeing in the 21st Century Information session</td>
<td>10 November 5:00—7:00 PM</td>
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<td>Final P &amp; C Meeting for 2014</td>
<td>19 November 7:30 PM</td>
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**Invited Speakers for Parent Info Night**

- Prof. Ray Kearney OAM
- Dr. Mary Redmayne
- Prof. Dariusz Leszczynski
- Dr. Priyanka Bandara
A Reminder to all Students Entering Year 11

An important reminder from the Uniform Shop to all students commencing Year 11 soon.

The Senior uniforms are available for purchase now, and if you are quick there may be reasonably priced second-hand stock available.

Girls will need to purchase the checked skirt, and boys the Blue shorts and trousers.

Uniform Shop Update

The interview weeks are a great time to come in and try on school uniforms in a relaxed environment.

Our lovely Uniform Shop Manager, Mrs Pritchard, and her team of volunteers will be happy to help with fitting your son or daughter in the correct clothing.

UNIFORM SHOP TERM 4
OPENING HOURS:
8:15am — 11:30am
Mondays and Fridays

Congratulations to our new School Captains, Stephen and Demi.

Senior Uniform Price List

Girls:
Check skirts $65
Sizes 2-22

Boys:
Blue shorts $40
Sizes 76-107
Blue long trousers $50

Junior Uniform Prices

Girls
Summer Dresses $65
Sizes 2—22

Boys
Shorts $30
Sizes 12—2XL

UNIFORM SHOP NEWS

Congratulations to our new School Captains, Stephen and Demi.
What’s Happening in the Canteen?

After weeks of testing the new menu suggestions on staff and students...

The final selection for the new Term Four menu has been made. Some old favourites have been kept and some ‘soon to be favourites’ have been included. We are sure everyone can find something they can enjoy. A copy of the new menu is included with this newsletter.

All this week, we have been adding some ‘extras’ to our usual menu because of Halloween. Most of the students have faced the pressure of exams and so we felt they deserved a bit of fun. What can be more fun than a spider topped cupcake or a “dirt” (chocolate biscuit crumbs) filled mousse? The smiles said it all!

Pre-Ordering Lunches

Please remember that to avoid disappointment and to ensure that your lunch is made ‘exactly how you want it’ pre-ordering is definitely the way to go. Orders can be made at the canteen before school and right up to the end of recess.

All varieties of yummy foods are in supply

Our school canteen is always striving to encourage good, healthy eating habits. Portion size and how often a food is consumed is all important. Rather than totally banning particular food, we encourage the concept of ‘sometimes foods’ and smaller helpings.

A terrific example of this is our new Tuesday special, ‘Sausage in a roll’. A small bread roll with a small sausage, available just once a week, at a
Japanese Tour 2014

In the last school holidays fifteen students, Mrs Baker and Mr Hovelmann spent eighteen days on a tour of Japan. Our destinations were Onojo (Fukuoka), Hiroshima, Kyoto and Tokyo. During out first week in Japan we were hosted by the Onojo City Council. We were enjoyed home-stay with Japanese students and their families. Castle Hill High School students attended five different Junior High schools with their homestay partners. Before officially meeting with our host families, the Mayor and Vice Mayor formally conducted a meeting. Fiona Kim, Emma Peake, Stephanie Cheung and Jeremy Grierson were personally interviewed by the cable TV crew who came to record this special moment. This was later broadcast on Regional television.

By the end of the week no one wanted to leave their host families. There were a lot of tears at the train station as we said our last goodbyes to our home-stay partners and families. We then boarded the bullet train bound for Hiroshima. We arrived in Hiroshima later in the evening and went out for ‘Okonomiyaki’ together as a group. The next day we headed out to Miyajima Island (train and ferry ride). We were all fascinated by the friendly deer, and were surprised that they were trying to eat any paper they could get hold of. Alice lost in a game of tug-of-war with the deer, her Miyajama map was history! On the following day we visited the heart-breaking Hiroshima Peace Park, “A Bomb Dome” and the Peace Memorial Museum, along with a visit to Sadako Shrine with her thousands of cranes. Most students found this very intense and very moving.

Our next destination on the tour was to Kyoto, where we stayed in a ryokan (a traditional Japanese inn). Whilst in Kyoto, we visited a famous Geisha’s old house and many beautiful shrines and temples. We also went to a fish market, a kimono textile company and up Kyoto Tower.

The last destination of the tour was in Tokyo, where great memories were made. The visit to Tokyo Disneyland was memorable for everyone and Tokyo Tower at night was stunning. Unfortunately, we couldn’t get tickets to Studio Ghibli, however Mrs Baker had surprised us with a trip to Joypolis, a Sega center, which had everyone in awe. This was followed by time at Odaiba Beach (a man-made beach) and a stroll to see the Japanese version of the Statue of Liberty.

Everyone on this tour thoroughly enjoyed Japan and couldn’t have asked for anything better. We all returned with newly made friendships and unforgettable memories made with one another – and, after eighteen days, hopefully with improved Japanese skills.

We’d just like to thank Ms Baker and Mr Hovelmann who put in an enormous amount of time and effort to allow the fifteen of us to have this once in a lifetime opportunity.

Japanese Tour Members:

Mrs Baker and Mr Hovelmann

CONCERT BAND HOSTS

COMBINED PRIMARY WORKSHOP

On Thursday last week the CHHS concert band hosted an outstanding workshop. Many students from Castle Hill PS, Glenhaven PS and Baulkham Hills North PS joined with CHHS students to form a band of amazing musicians.

Our Concert Band members and the guest children joined and practised many songs together, had sectional rehearsals with our senior band members teaching and helping the kids, building bonds between high schoolers and primary schoolers. The workshop ran from 11am through to after school. Everyone was exhausted but were still determined and at 4pm we held a concert for parents and friends to attend. This concert went for just over 30 minutes, showcasing our efforts for the day. Everyone had worked to the best of their abilities and the concert sounded amazing.

In the end the children who visited CHHS experienced a little of what it is like to be in a high school band and for those who will be attending CHHS next year, this was a first step on their journey with the CHHS Concert Band.

Jack Hwang
LOCKER RENEWALS FOR 2015

All Students who would like to rehire their locker for 2015 are required to pay $20 to Room 1 and bring the receipt to the Timetable Room by Friday 7 November 2014. Students who no longer require their locker are requested to empty the locker and return the key to Mrs Jameson in the Timetable Room. Relinquished lockers will be reallocated from 1 December 2014.

Castle Hill High students perform in professional musicals.

Four of our students will be performing in upcoming professional musicals. Congratulations to Nathaniel Augimeri, Lachlan Oldfield, Chloe Turley and Laura McInnes who will be performing in the SYMT production of Cinderella. They rehearse this stunning piece every Saturday afternoon. It will be performed at the Hornsby RSL Club from Thursday 20 November until Sunday 23 November. Bookings can be made on 9477 7777 or online at hornsbyrsl.iwannaticket.com.au. Congratulations also to Lachlan Oldfield of Year 8 who has successfully auditioned for a role in a professional production of Joseph and the Amazing Technicolor Dreamcoat at The Concourse in Chatswood. He will be performing alongside Sam Moran (The Wiggles, Play Along with Sam), Harmony Lovegrove (The Voice Kids, Schools Spectacular) and a cast of Sydney’s most talented performers under 20 years of age. The production will run from January 9—24 and tickets are on sale now from Ticketek on 1300 795 012. Please support our students in these exciting endeavours.

Ms A Babington
Relieving Head Teacher
CAPA

Children’s Health & Wellbeing in the 21st Century
An information session on the potential risks of electromagnetic radiation exposure from telecommunication towers, WiFi routers, smart phones, wireless-enabled computers and other devices

Monday 10th November - 5 to 7 pm - Castle Hill High School
SPEAKERS INCLUDE

Prof. Dariusz Leszczynski, an internationally renowned expert on radiation health from the University of Helsinki, Finland. Editor in Chief - Frontiers in Radiation Health

Prof. Ray Kearney OAM, Former Head of Dept. Infectious Diseases & Immunology, University of Sydney

Dr. Priyanka Bandara, Advisory Board Member (Hon) Environmental Health Trust (USA) and Doctors for Safer Schools

Dr. Mary Redmayne, Research Fellow from the Centre for Population Health Research on Electromagnetic Energy, Monash University

Convener: Prof. Katherine Georgouras OAM
RSVP and queries: Elizabeth Madders:
chhspc2154@gmail.com
### Week 5B

**Monday 3 November**  
Year 10 Yearly Examinations  
Year 7 2015 Orientation Interviews  
Year 12 2015 VET Construction Work Placement

**Tuesday 4 November**  
Year 10 Yearly Examinations  
Year 7 2015 Orientation Interviews  
Year 12 2015 VET Construction Work Placement

**Wednesday 5 November**  
Year 10 Yearly Examinations  
Year 7 2015 Orientation Interviews  
Year 12 2015 VET Construction Work Placement  
Assembly Years 7, 8 & 10  
Year 9 Year Meeting - Library

**Thursday 6 November**  
Year 10 Yearly Examinations  
Year 7 2015 Orientation Interviews  
Year 12 2015 VET Construction Work Placement  
Year 9 PASS Self Defence

**Friday 7 November**  
Year 10 Yearly Examinations  
Year 7 2015 Orientation Interviews  
Year 12 2015 VET Construction Work Placement  
HSC Concludes  
Year 12 Clearance Day 9am -11am

### Week 6A

**Monday 10 November**  
Girls 15s Water Polo Gala Day

**Tuesday 11 November**  
Remembrance Day Ceremony  
ESSA Test Online

**Wednesday 12 November**  
Year 10 PASS Surfing Excursion  
Assembly Years 7-11

**Thursday 13 November**  
Year 10 Scripture Seminar  
Year 9 PASS Self Defence

**Friday 14 November**  
Student Leadership Day

### Week 7B

**Monday 17 November**

**Tuesday 18 November**

**Wednesday 19 November**  
Celebration Assembly Years 7-10  
Mufti Day  
P & C Meeting 7.30pm Common Room

**Thursday 20 November**  
Year 9 Scripture Seminar  
Year 9 PASS Wheelchair Basketball Incursion

**Friday 21 November**  
International Students Excursion  
Year 10 PASS Surfing Excursion
CASTLE HILL COMMUNITY NEWS
AND ADVERTISING

Disclaimer: Advertisements placed in the school’s Fortnightly Newsletter do not reflect an endorsement or otherwise by Castle Hill High School of that product or service.

17 Mulheron Ave Baulkham Hills 2153
For discount prices see www.brennandrivingschool.net.au

Teaching someone to drive can be a happy experience.
You can learn all the simple steps on how to teach a learner driver at a FREE two hour workshop.
The next workshop in your area will be held:
TIME & DATE: Wed 12 November @ 6.00pm
VENUE: The Hills Shire Council – 3 Columbia Court, Baulkham Hills
BOOK NOW ON: Ph: 9843 0145
Helping learner drivers become safe drivers

40 Year Reunion
Castle Hill High School class of 74 is having a reunion, also School Certificate class of 72 is invited to join.
This reunion will be held:
On: Sunday 30 November 2014
Time: 12noon to 8pm
At: Governor Phillip Park Palm Beach – BBQ area just past the Boathouse – Pittwater side
BYO everything
Please pass this invite onto anyone who may be interested in attending this reunion.
Ros Marsh and Robyn Fyfe (nee lachere)
Contact Ros on 0407 932 066
School performance and your child’s mental health

Forum delivered in Mandarin

Keynote speaker Dr. Xiaoping Zhu is a registered psychologist with 20 years experience, specialising in counselling for the Chinese community.

Q&A session with experts will follow.

Thursday 6 November 2014
Dougherty Community Centre
7 Victor St. Chatswood
6 PM - 8:30 PM

Registration and light refreshments at 5:30 PM

Bookings essential at rita.laung@willoughby.nsw.gov.au
For enquiries only 9777 7992

Northern Sydney Parent Engagement Strategy CALD Community

青少年子女在学表现与心理健康息息相关

普通话座谈会

主讲人朱晓平博士是拥有超过20年经验的注册心理专家。朱博士

专注于华人社区的心理咨询服务。

演讲结束后有专家问答时间。

2014年 11月6日 (星期四)
Dougherty Community Centre – 7 Victor St, Chatswood
晚上6点至8点30分

注意登记茶点小吃供应至晚上6点30分开始

必须预约 请电邮至 rita.laung@willoughby.nsw.gov.au

查询: 以色列吴科学展示 梁小姐 (Rita) 9777 7992

Northern Sydney Parent Engagement Strategy CALD Community
WESLEY GIANT GARAGE SALE

Where: In the Wesley Uniting Church grounds at 32 Showground Road, Castle Hill.

Dates/Times: Friday October 31st 2014 (operating from 8:00am to 3:00pm) and Saturday November 1st 2014 (operating from 8:00am to 1:00pm)

Sale items/Stalls will include Books, Records, CDs, DVDs, Clothing, Christmas, Electrical, Jewellery, Plants, Toys, Furniture, Manchester, White Elephant, Fine Art and China etc.

We will also be providing tea and coffee during sale hours, together with a Sausage Sizzle for lunch on both days, and Bacon and Egg rolls for breakfast on Saturday morning.

Enjoy the friendly atmosphere, and pick up a bargain (or two) knowing you are helping those families who need help within the Hills District, through the Hills Family Centre.

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Ideas for Parenting Teens

A 3 hour seminar that will assist parents to:

- Understand what is normal adolescent behaviour
- Reduce the anxiety inherent in raising teenage children
- Develop skills to communicate and negotiate with teenagers

Date: Monday 1 December 6:00pm – 9:00pm
Venue: Interrelate Family Centre
Suite 423, Level 4
14 Lexington Drive
Bella Vista NSW 2153
Cost: $25 / $15 concession per person
To Register: Phone 8882 7850

** Bookings Essential **

www.interrelate.org.au
1300 736 966